

WINTER/SPRING 2023/2024 POOL HOURS EFFECTIVE: DECEMBER 1, 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 5:30–8:00am		Lap Swim 5:30–8:00am		Lap Swim 5:30–8:00am		
Therapy/Senior Swim 8:00-9:00am	Senior Swim 8:00- 10:00am	Therapy/Senior Swim 8:00-9:00am	Senior Swim 8:00- 10:00am	Therapy/Senior Swim 8:00-9:00am	Senior/Lap Swim 7:15-11:00am	
Senior Aquatic Exercise 9:00-10:00am		Senior Aquatic Exercise 9:00-10:00am		Senior Aquatic Exercise 9:00-10:00am		
Lap/Therapy/ Homeschool/ *Mom & Tot Swim 10am-12pm	Pool Closed 11:00am- 12:00pm					
Pool Closed 12-3:30pm						
Swim Team Lap Lanes Closed 3:30-5:00pm		Swim Team Lap Lanes Closed 3:30-5:00pm	Swim Team Lap Lanes Closed 3:30-5:00pm			
Open Swim 3:30-6:45pm	Open Swim 3:30-6:00pm	Open Swim 3:30-6:45pm	Open Swim 3:30-6:00pm	Open Swim 3:30-6:00pm	Open Swim 12:00-7:00pm	Open Swim 12:00-5:00pm
Aqua Zumba 6:45-7:45pm	Water Aerobics 6:00-7:00pm	Aqua Zumba 6:45-7:45pm	Water Aerobics 6:00-7:00pm			

^{*}Mom & Tot is Preschool age & younger (guardian must get in the water with the child)

^{*}US Coast Guard Life Jackets and Puddle Jumpers ONLY!